



Sport for Prevention
of Extremism in Youth

SPEY Pilot Programme

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SPEY

SUMMARY

1. INTRODUCTION

1. MAIN PILOT PROGRAMME FOCUS

2. BEFORE STARTING

2. 3N MODEL INTO PRACTICE

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2. GROUP LEVEL: NARRATIVES

3. SOCIETAL LEVEL: NETWORKS

3. ACHIVEMENTS, CHALLENGES AND LESSONS LEARNED

SPDY

01

INTRODUCTION





- The project carries out **primary prevention**, as it is aimed at the population as a whole and has a double objective: to sensitize the population about violent extremism and to prevent the emergence of conditions that may lead to radicalization.
- Its object is not terrorism as such, but the **factors and conditions** that can lead to it.

BEFORE STARTING

1. Transport facilities
2. Sports equipment
3. Network of contacts
(NGOs, sports clubs,
federations, etc.)
4. Characteristics of the group
of population



PARTICIPANTS

102 participants	Medium age: 20 years old
10 nationalities	50% of participants from Morocco
72% coming from third sector entities	15% juvenile justice
3% females	2% cognitive or functional diversity



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02

3N MODEL INTO PRACTICE



SP3Y 3N MODEL INTO PRACTICE

3N MODEL OF RADICALIZATION

MOTIVATIONS	IDEOLOGY	GROUP
NEEDS	NARRATIVES	NETWORKS
Increasing youngsters personal meaning and their positive attitudes towards sports	Addressing antisocial attitudes and risky behaviours through an alternative narrative and a counter-engagement	Strengthening the social and community network in order to improve coexistence and participation



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“The point is to provide the youth
exciting life project that enable them
to find meaningful existence with
society”

(Atran, 2015)

MAIN GOAL

Acting through the 3 levels of prevention:
engaging youth (micro-level) through
institutions, universities and sports clubs
(meso-level) to become **social anchors**
with ability to **restore social cracks**
(macro-level).

SP3Y EDUCATIONAL PROCESS



WHO AM I



WHERE I
"BELONG"



WHO "WE"
ARE



WHERE "WE
BELONG"



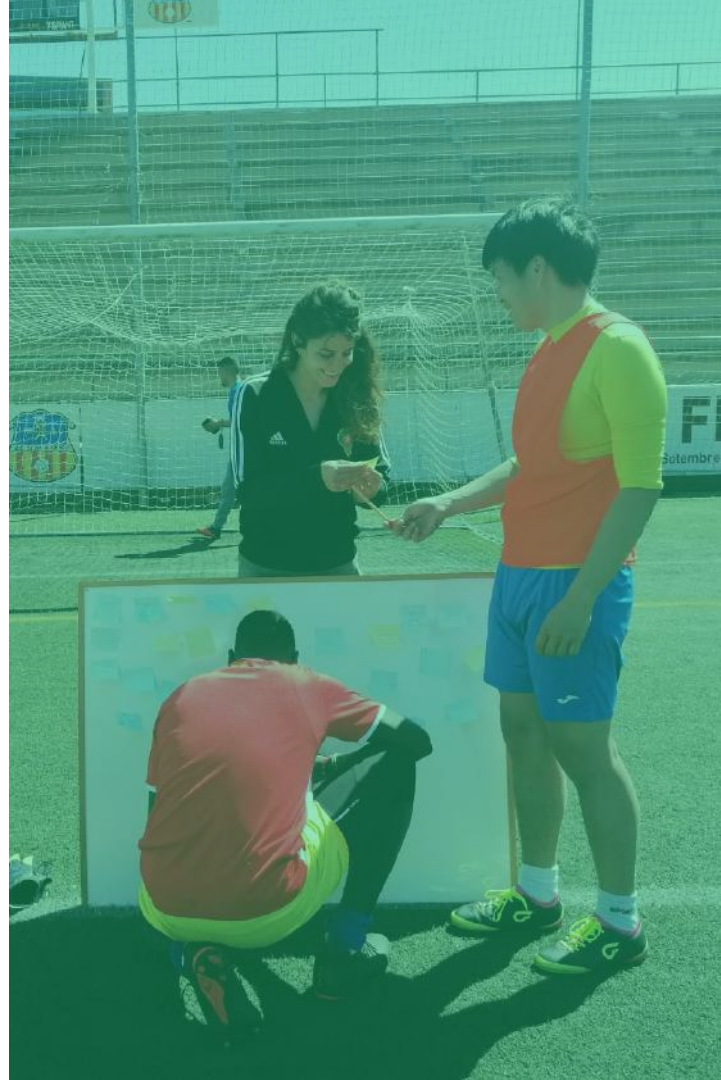
WHAT WOULD
I/WE LIKE TO
CHANGE AND
HOW?

SP3Y

HOW?

To achieve the main goal the project used **different educational methods**, techniques and tools such as: role-playing, group dynamics, videos, social networks, debates, songs, service-learning, trekking, and above all, sports.

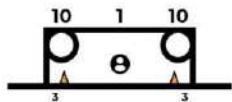
Through **prosocial and constructive activities**, and **institutional support**, youth got involved in an **action-oriented project**.



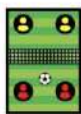
SP3Y SCHEDULE

15-30 minutes	Warming up
60 minutes	Training
30-45 minutes	transversal skills

Actividad A:



Actividad B:



Actividad C:



Actividad D:



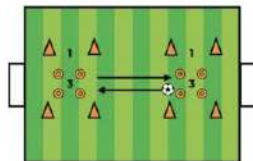
Actividad E:



Actividad F:



Actividad G:



SP3Y 2.1 NEEDS

FROM “WHO I AM” TO “WHERE I BELONG”



WHERE I
BELONG

STARTING FROM THE SELF: INCREASING
PERSONAL MEANING

WORKING QUESTIONS

Who am I?

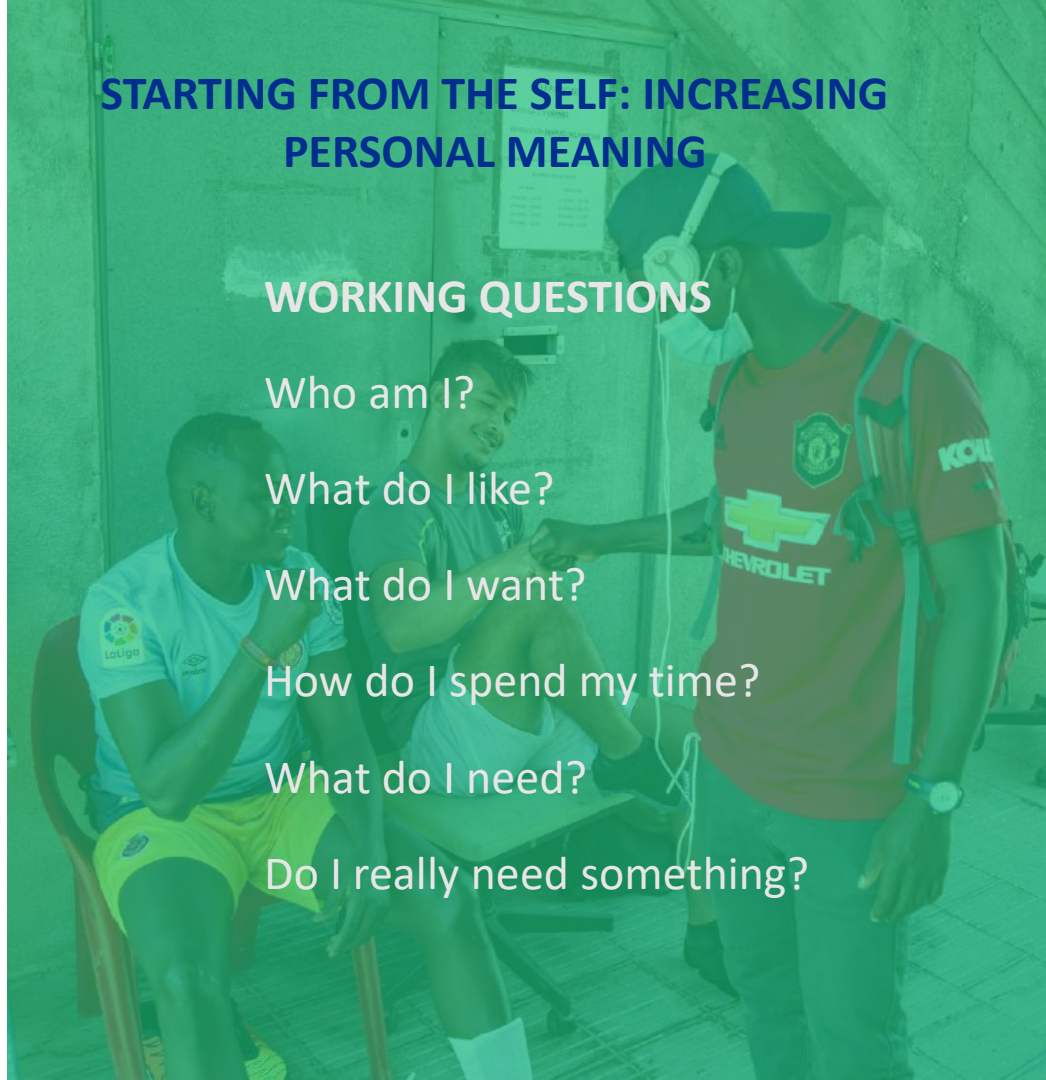
What do I like?

What do I want?

How do I spend my time?

What do I need?

Do I really need something?





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2.1 NEEDS

MY...

Identity

Self-demands (self-esteem, self-compromise, self-confidence...)

Personal significance

Meaning in life

Response to ambiguity

Level of personal sacrifice

Cognitive openness/
closure

Cultural intelligence

Sense of injustice

Feeling of having a voice

Feeling of belonging and respect

Way to achieve goals

WORKING CONCEPTS

MAIN OUTPUTS: INDIVIDUAL LEVEL



Getting to know each other



Creating a safe space



Identifying the individual needs

SP3Y 2.2 NARRATIVES

FROM “WHO WE ARE” TO “WHERE WE BELONG”



ESTABLISHING GROUP CULTURE:
PROVIDING ALTERNATIVE NARRATIVES

WORKING QUESTIONS

Where do I belong?

What do I/we understand as
“us”?

Do I belong to the majority or
the minority?

How do I feel about that?

A photograph of a person in a dark hoodie and shorts kicking a soccer ball on a green field. The image is overlaid with a semi-transparent green filter. In the background, there are blue and yellow stadium seats and buildings.

SP3Y

3.2 NARRATIVES

MY...

Sense of belonging

Others-demands

Group identification

Sense of certainty and structure

Desire to matter and feel meaningful

Role towards my/our peers

Feeling and level of involvement

Social aim

WORKING CONCEPTS

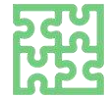
MAIN OUTPUTS: GROUP LEVEL



Establishing group's identity



Learning from other's demands



Learning how to work with diversity and ambiguity



Sensing of brother/sisterhood



Creating and establishing group's narratives

SP3Y 2.3 NETWORKS

FROM “WHERE WE BELONG” TO “WHAT I/WE WOULD LIKE TO CHANGE AND HOW?”



WHERE “WE BELONG”



WHAT WOULD I/WE LIKE TO CHANGE AND HOW?

FROM THE SELF TO THE WORLD: CREATING AND IMPROVING NETWORKS

WORKING QUESTIONS

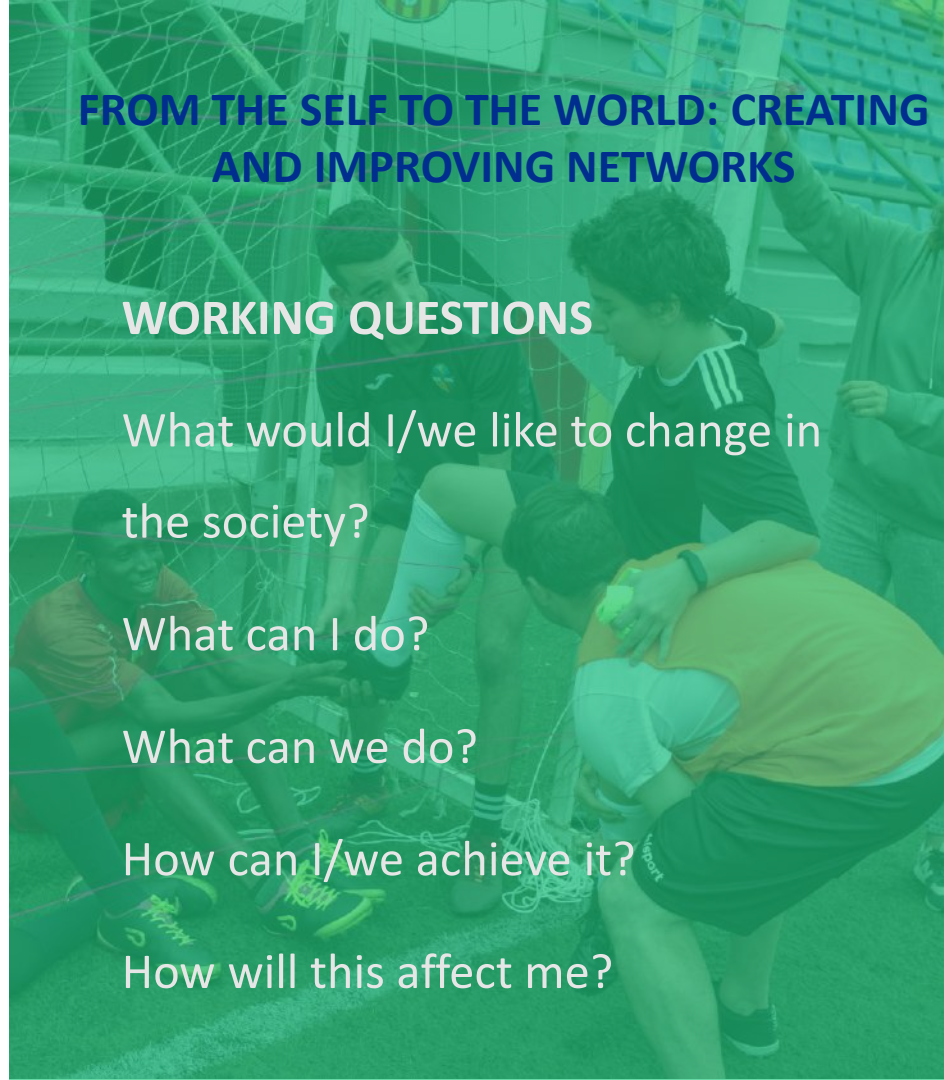
What would I/we like to change in the society?

What can I do?

What can we do?

How can I/we achieve it?

How will this affect me?





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6.3 NETWORKS

THE...

World demands

Global youth leaders

World threats: climate emergency

Sharing Values

and global terrorism

Collective sense-making

Systems of beliefs

Interdependence

Oppressions and privileges

Social gaps

Transnational identities

Social anchors

WORKING CONCEPTS

MAIN OUTPUTS: MACRO LEVEL



Critical thinking



Identifying privileges
and oppressions in
social structures



Seeking out a
variety of ways to
achieve a goal



Engagement in some
activity-movement to
achieve significance and
improve networks



Ability to identify and to re-
establish social cracks



Understanding the
individual and the group as
social anchors/references

SP3Y

03

ACHIEVEMENTS, CHALLENGES
AND LESSONS LEARNED



A photograph of two soccer players on a field. The player on the left is a white male with a headband, wearing a bright yellow-green KIPSTA jersey and black shorts with a white 'S' logo. He has his arm around the shoulder of the player on the right. The player on the right is a Black male, also wearing a bright yellow-green KIPSTA jersey and black shorts. Both are smiling. The background shows a soccer field with a goal and bleachers. The image has a green tint.

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ACHIVEMENTS

- Increase of the pro social network of the participants
- Derivations to clubs as players or trainers
- Derivations to other social entities
- Informal job or volunteering – pocket money
- Increase of the local capital
- More motivation to learning through sports practice
- Better communication skills an cultural bases
- Access to a quality sports practice
- Space for prevention of other risk behaviours
- Space of expression through sport

SP3Y CHALLENGES

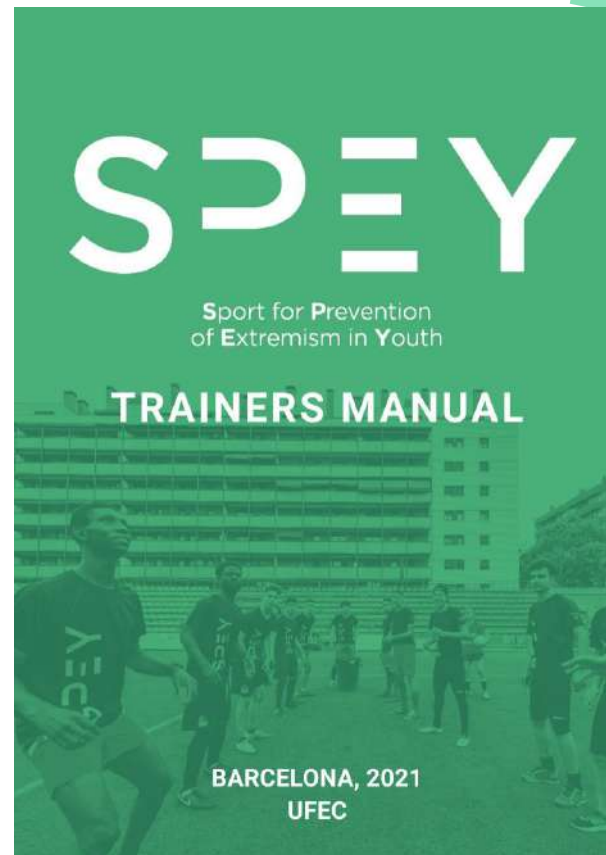
- Increase female participation
- Increase participation of local youngsters
- Practice non hegemonic sports
- No access to clubs for administrative problems
- Compromise and punctuality of the youngsters
- Idiomatic barrier
- Duration of the program and more focus on labour integration.



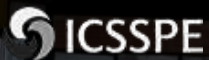


LESSONS LEARNED

- Difficulties coming from the lack of a clear definition about extremism and violent extremism. Lack of Knowledge from social actors.
- High potential of social intervention through vehiculating their motivation to sport.
- Empirical information about barriers that difficult access to sport to vulnerable population.
- The effects of SPEY have gone beyond the program.
- Empirical experience for the design of new projects.



[Documents – The SPEY \(ufec.cat\)](https://ufec.cat)



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THANKS FOR YOUR ATTENTION!

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